



A Systematic Expository Study of the Word of God

Special Study:

LEAVING ALL OUR WORRIES IN GOD'S HANDS

Matthew 6:31-33

"Therefore, take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?" The word ***"therefore"*** indicates the conclusion of all we have learnt in the preceding verses. Be no more of little faith; ***"be not faithless, but believing"*** (John 20:27). God is our Father and we already have saving faith. If we have believed God for so great salvation, can't we believe Him for food and clothing? If we have entrusted the saving and keeping of our souls to God, surely we can entrust the care of our body to Him as well. If we believe that our Father controls the affairs of the whole universe, definitely we know He can control the affairs of our lives. If we believe that we were not created by accident but that He has created and redeemed us, there is no doubt that He who has created us will also care for us. How can we doubt such a loving, wise, powerful, faithful, kind-hearted and great Father? He cares for all creatures - minute insects, insignificant birds, land and sea animals, frail lilies and grass. If He cares for creatures that do not have life or existence beyond death, will He not care for us who possess never-dying souls? Our God and Father even gives rain, sunshine (Matthew 5:45), fruitful seasons, food, gladness (Acts 14:17) and life-sustaining benefits (Acts 17:28) to all people, including the unjust and His enemies! Surely, He will care for His own children. ***"Therefore, take no thought"***

DEPENDENCE ON OUR FATHER'S CARE

Matthew 6:31,32; Luke 12:29,30; 1 Peter 5:7; Leviticus 26:3-6; Deuteronomy 30:6-9; Jeremiah 17:7,8; Psalms 31:19-21; 36:7-10; Psalms 81:13-16; 115:11-16; 145:9,15-19; 2 Corinthians 9:8.

Having real faith in our heavenly Father, we cease worrying and we rest in Christ. Instead of being anxious like those who kill themselves gradually with anxiety, fears and cares, by faith we expect divine favour and supply everyday. The Gentiles, the people of the world are downcast and defeated by earthly circumstances because they live without God and without hope. We have a God who cares and we have Christ our Saviour who is interceding for us at God's right hand every day and every moment (Romans 8:34; Hebrews 7:25; John 11:41,42).

Why should we be anxious? Why should we ever allow attacks of worry and anxiety? Neighbours worry, colleagues are anxious, but we have great and precious promises from God our Father. Those promises extend to the whole of life. There is no aspect of life that is not covered by these extraordinary promises of God. Our triumph is in laying hold on these promises, concentrating on them, trusting in God who cannot lie, and who cannot fail. Take the promise of God at face value, believe it, rest on it, meditate on it, live by it, control your thoughts and tongue by it. Focus all your attention on it, and no circumstance will ever overcome you. Let the words and the thoughts of God (Isaiah 55:8,9) possess you at all times and in all circumstances and worry will be a thing of the past.

DEMAND OF OUR FIRST COMMITMENT

Matthew 6:33a; 22:37,38; 1 Chronicles 29:11; Psalm 27:4-8; Proverbs 8:17-21; Zephaniah 2:3; Hosea 10:12; Romans 14:17-19; Colossians 3:1,2; Hebrews 11:14-16; Hebrews 13:12-14; 2 Peter 3:11-14.

"Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask Him ... for your heavenly Father knoweth that ye have need of all these things" (Matthew 6:8,32).

He knows the bitter, weary way, The endless striving day by day,
The souls that weep, the souls that pray; My Father knows, my Father knows.

He knows when faint and worn we sink, How deep the pain, how near the brink,
Of dark despair we pause and shrink; My Father knows, my Father knows.

He knows how hard the fight has been, The clouds that come our lives between,
The wounds the world has never seen: My Father knows, my Father knows.
He knows! O heart, take up thy cross, And know earth's treasures are but dross,
And all will prove as gain, not loss; My Father knows, my Father knows.

He knows everything about us, every circumstance, every need, every wound, and He says, ***"I will never leave thee, nor forsake thee."*** Therefore, we can rest quietly and confidently in that blessed and most glorious assurance. Our priority then is to concentrate on maintaining an intimate relationship with God as our heavenly Father. ***"But seek ye first the kingdom of God and His righteousness."*** Our Father's interest and desire must be our treasured concern, ***"Thy kingdom come, Thy will be done in earth as it is in heaven"*** must always come before ***"Give us***

this day our daily bread in our heart, life as well as in our prayers. ***“The kingdom of God and His righteousness”*** must take absolute priority over everything else in our lives.

DECLARATION FOR OUR FULL COMFORT

Matthew 6:33b; 19:29; Deuteronomy 28:1,2,8,12; 1 Kings 3:9-14; Psalm 34:9-10; Malachi 3:10-12; 1 Kings 17:11-16; Job 36:10,11; Proverbs 3:9,10; 1 Corinthians 2:9-12; 1 Timothy 4:8; Genesis 22:15-18.

The believer who knows himself as a child of a rich heavenly Father and a joint-heir with Christ, whose main concern is the kingdom of God and His righteousness, will experience an undisturbed peace of mind and a perfect freedom from worry and anxiety. The promise of Christ, ***“and all these things shall be added unto you”***, will be his confession, comfort, expectation and experience. The child of God prays for, pursues, ***“presses into”*** (Luke 16:16) and perseveres in the kingdom of God and His righteousness and all his material needs are being supplied even when he is not worried, concerned or praying seriously for them. This was the experience of Abraham, Moses, Elijah, Solomon, the Apostles and many others. Solomon did not pray for riches and length of days; he prayed for wisdom so that he could be his best for God's established kingdom in Israel. God told Solomon, ***“Behold, I have done according to thy words: lo, I have given thee a wise and an understanding heart; ... And I have also given thee that which thou hast not asked, both riches and honour”*** (1 Kings 3:12,13). Let us seek the kingdom of God and His righteousness; let us live for God supremely and forget our personal concerns and God will supply all our needs beyond our highest expectation.

If you are blessed by these bible study outlines, we'd like to hear from you.
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